



## 2024 Football Parent Information Sheet

### OVERVIEW

- MMFA Primary sources of communication are [www.mburgwildcats.com](http://www.mburgwildcats.com) and email – Please check the website and your email for cancellation notices.
- Mechanicsburg Midget Football Association is part of the CFA. Their website: <https://www.cfayfl.com>

### REGISTRATION & PARTICIPATION

- *CFA Registration form signed by a physician, Birth Certificate, and completed online registration are **REQUIRED*** in order for a player to receive their equipment. Every effort should be made to have these forms sent/emailed by July 19<sup>th</sup> – please scan and e-mail forms to [football\\_registrar@mburgwildcats.com](mailto:football_registrar@mburgwildcats.com) or mail to:

**MMFA: PO Box 63, Mechanicsburg PA 17055**

- The CFA has very strict policies regarding physical forms and birth certificates FOR THE SAFETY OF OUR PLAYERS. Please be sure to allow adequate time to coordinate with your player's physician to schedule a physical or have the form signed.
- If your player decides not to participate, your registration fee is refundable (minus a \$25 administration fee) if the MMFA receives notification of your decision PRIOR to the conclusion of the first week of practice. Refunds may be given after the first week of practice if there are extenuating circumstances such as illness or family relocation.
- All players are required to participate in the annual lottery fundraiser by selling the minimum ticket requirement. Uniform distribution (uniform, not equipment) is dependent upon the player turning in monies collected from the lottery ticket fundraiser.
- Standard fee is \$160\* and includes a deposit for Volunteer hours that will be returned at the end of the season if the volunteer commitment is fulfilled. Additional football players in a family pay \$125 per player if registering by June 29<sup>th</sup>\*\* and this includes the same deposit and return policies.
  - \*\*Registrations received after June 30<sup>th</sup> will require an additional \$50.00 charge in place of the required lottery ticket fundraiser
  - Equipment/uniform not returned by the due date or in good/useable condition will result in a mandatory fee of: \$300 for football and \$200 for cheer.

### GENERAL GAME DAY INFORMATION

- Varsity Schedule should be set prior to the start of the season, and the calendar is posted on the MMFA website.
- The MMFA requires an admission of \$2 for adults or \$5 for a family at all home Varsity games in order to cover the cost of stadium rental as well as referees, standby emergency service, custodial, and school police fees.
- JV Schedule will be released at the end of August as the CFA receives confirmation on how many JV teams at each level will be in the league this year. Most JV games are on Saturday and start in the morning. MMFA's participation in the JV season is dependent upon the number of players registered at each level.
- Effective as of the 2024 season, MMFA will participate in the Federal Conference under new weight limit guidelines, known as the "Red Stripe" rule. These rules apply to all levels. A player designated as a red stripe player does not need to adhere to the weight limits and must play at one of the following positions:
  - Offensive Positions - Tackle to Tackle Only (Center, Guard or Tackle)
  - Defensive Positions - Interior Line Only (Nose Guard(s) or Tackles). No Defensive Ends.

#### Overall Weight Limits

- Smurf: 85 lbs., Unlimited for Red Stripe
- Pee Wee: 110 lbs., Unlimited for Red Stripe
- Pony: 135 lbs., Unlimited for Red Stripe

- Midget: 165 lbs., Unlimited for Red Stripe
- The coach will tell you what team your son is on (Varsity or JV) before the games start, and they may request that some players dress for both teams if possible to fill out the roster for the games and to gain experience at the Varsity level.
- JV players are guaranteed a minimum playing time. Varsity players are not guaranteed minimum playing time
- Standby emergency services are on site for all Varsity and JV home games paid by the MMFA for the safety of our players and our opponents. In the event a player shows symptoms of a concussion at any point during the game, he will be removed from the game immediately and taken to the onsite medical professionals for evaluation.

### **UNIFORM DETAILS**

- Equipment distributions will be the week of July 15th. Equipment will only be issued to players who have submitted their Physical Forms (signed by a Doctor), have their birth certificate ON FILE, have turned in their registration paperwork and fee or have registered and paid online.
- Game uniforms are handed out the week of August 9th to players who have completed the mandatory fundraiser.
- Equipment/uniform not returned by the due date or in good/useable condition will result in a mandatory fee of: \$300 for football and \$200 for cheer.
- Uniform Care
  - During the season – Jersey and Pants – Machine wash COLD water, NO bleach. Hang dry. DO NOT PLACE UNIFORMS IN THE DRYER!  
REMOVE PADS BEFORE WASHING!
  - End of season – Launder in same way as above before turning in practice pants, game jerseys and game pants
- Uniforms may be worn on Fridays to school during the season and to MASH football games. We do ask that players wear only their black jerseys to school.
- Uniforms may only be worn by the player to whom the uniform was distributed.
- You will receive two game jerseys –a black and a white –and two game pants –a black and a grey –it is a good idea to bring both to every game. The team parent or head coach will tell the parents what color to wear to the games but they normally like them to bring both to be safe.

### **PRACTICE**

- Practice in full pads will begin Monday, July 29<sup>th</sup> from 5:30-7:30pm each weeknight until school begins. After school is in session practices are reduced to Monday-Thursday from 5:30-7:30pm though practice schedules are subject to change at the discretion of the coach.
- Players are expected to attend ALL practices and games.
  - If your player will not be attending practice please notify the head coach as soon as possible.
  - If your player will miss practice or a game due to a pre-planned event please let your coach in writing know as soon as possible so they have ample time to plan
  - A medical clearance must be presented to the head coach when returning to practice/game if the player was injured and under the care of a doctor
  - In the event a player is diagnosed with or shows symptoms of a concussion, a medical clearance shall also be required before the player may resume practice.
- Players are required to have cleats and a mouth guard – Players MUST wear the mouth guard for every practice and game, no exception, so it's good to buy a few extras (Dick's has a large variety and we normally have some that you can buy at the practice field shed). PLEASE NOTE, PER THE CFA MOUTHGUARDS MUST BE ATTACHED TO THE FACEMASK AT ALL TIMES AND CANNOT BE WHITE OR CLEAR.
- Players will need to have a practice jersey(s) but a large t-shirt works well too. Men's size t-shirts cut a bit on the bottom to shorten them fit over the pads. And with them practicing in the heat of summer 3-5 days a week you will find they are dirty/sweaty/wet so having a couple handy is a good idea. Also please have your player wear a t-shirt under shoulder pads.

- For first time players – the helmets will be tight and uncomfortable and your son will most likely complain but the equipment manager does a great job and will help adjust them if needed, and after wearing it for a few days they will get used to it! Many players find it helpful to wear their helmet around for a few days between equipment handouts and practice beginning.
- Please send your child to practice with plenty of water! A limited supply of water is provided during breaks at practices, but it is best for your child to have his own. It is extremely important for players to be hydrated BEFORE they get to practice especially in the summer. Players should drink 4-6 cups of water during the day and at least an hour prior to practice.